

Ruthie Simon- RS Personal Growth



BA, Diplomate in Psychosexual and Relationship Therapy,
Twerski Counselling and Coaching Institute, Couples'
Counselling (International Society of Professional Counsellors)
MNCIP(accred), COSRT

[Relevant Previous Degrees and Trainings include](#)

Bachelor of Arts- State University of New York (SUNY) 1988

Teachers Degree in Advance Jewish Studies- Bnot Torah
Institute 1983

London Diploma in Couples and Psychosexual Therapy
(2015-2017)

Accredited Certificate in Professional Couples Counselling:
(Intensive),The Cherished Family Project (2021)

Counselling and Coaching Certificate with a specialisation in
Intimacy and Relationship Issues. Twerski Coaching and
Counselling Institute (TCCI) 2014

Pre-Marital Counselling Certification-Jerusalem Rabbinat
Exam 1989

Employed (and supervised) as Guidance Counsellor - EYAHT
College of Jewish Studies 1984-1989

CORE Relationship Training seminars March 2020-June 2020

Human Reproductive Health Training -June /July 2020

The Eden Center Seminars on Sexual Health) October
2019-present

[I have been invited to present several CPD on Psychosexual
Issues including:](#)

1) **Our Bodies, Ourselves--Discovering a Language for Sexuality**
- Belgium 29 March 2017. Presented a full-day seminar covering
several Psychosexual subjects pertinent to Adolescent
Psychotherapists working within the Belgium Jewish Community.

2) **Recognising Red Flags** - a training session for counsellors within the Orthodox Jewish community in London. Specifically dealt with sexual issues potentially endemic to the Orthodox community including religious “scrupulosity”.

3) **Mikveh Anxiety: Prevalence, Pathology, Therapy** - Feb 2019 London. Presented a CPD for Nachas Ruach therapists, London

Ruthie can be contacted on +447500116975 or at solutions@kesher.org.uk